

Perpetual Motion Gymnastics, Preschool & Camp

Housed in a 13,000 square foot building on 6 acres in East Maryville, convenient to I -640, Seymour and South Knoxville, Perpetual Motion has been serving Blount County for over 30 years. The center also includes a separate 1,900 sq. ft. After School building, 2 swimming pools and pool house, large outdoor playground, sand volleyball court, soccer field, picnic area, dormitories, and plenty of parking.

Perpetual Motion Gymnastics. Safety is our first priority. Our carefully planned curriculum helps children progress through the skills in an appropriate physical and emotional developmental manner. The 7,000 sq. ft. gym is filled with colorful progressive skill building equipment to ensure a safe, fun learning environment. All classes are taught in circuits throughout the gym to assure more time progressing, less time sitting. Classes are grouped by age, 1st grade and older are grouped by ability and gender as well. This brochure includes a description of classes, registration form and fees.

Perpetual Motion Preschool, a 3-STAR, year-round educational center for children ages 2½-5 years has separate, fully equipped classrooms for each age group, an experienced, caring staff, a traditional preschool curriculum, kitchen, and cafeteria. Large motor skill development is very important to us. Our outside playgrounds offer many choices for large motor development. All the students have structured physical education in the gym once a week, and can use that space for large motor activity on rainy days. The pools are used during the summer months. Please call the office 984-1253 for more information and an application.



Perpetual Motion After School Program for children Kindergarten through 5th grade. Our van currently picks-up from Ft. Craig, Foothills, Sam Houston, and John Sevier. Our separate, fully equipped, 1,900 sq ft. building is the perfect learning environment for after school. The after school curriculum includes, outdoor recreation and sports, games, homework help, learning center choices and snack. The after school class uses the gym twice a week for structured physical education. Children can sign up for a gymnastics class at a reduced rate. Please call the office 984-1253 for more information.

Gymnastics Classes	Fee	Additional classes per week	Fee
10 weeks Single Class 45 min./1hour	\$120.00	10 wks. Each additional class/week	\$108.00
Gymnastics Registration	Fee		
Registration Fee (non-refundable) 1 child for school year	\$20.00		

General Policies: Every child under the age of 3 years must be accompanied by a parent or caregiver. Baby siblings are not permitted in the class with the parent or caregiver. Twins must have 2 participating adults. Parents (other than mommy and me classes), guests, and siblings are not permitted in the gym during the scheduled child's class for any reason. This is an insurance regulation. Guests, siblings and parents must wait in the waiting room.

*Fees and class schedules subject to change without notice. *Fees will be prorated if you begin after the start of the session.

*Perpetual Motion Gymnastics is not responsible for personal property.

2010 Calendar
May 24th—Summer Camp and Summer Gymnastics Classes Begin.
May 3 1st-Memorial Day-Closed
July 5th —Fourth of July—Closed
July 30th —Summer Camp Ends—Summer Gymnastics Classes End
August 2nd—Fall Gymnastics Program Begins

OUR GYMNASTICS CLASSES & SCHEDULE May 24 - July 30, 2010

Tumbling Toddlers— 20 mos.-3yrs.

These classes utilize all the equipment in the Gym including the tumble track, preschool uneven bars, balance beams, vaulting platform, in-ground trampoline and skill building mats all set up in circuits throughout the gym. Developmentally appropriate skills are taught in a safe, structured class for mommy and me!

Jumplin' Beans – 3, 4, & 5 yrs.

Our unique, developmentally progressive program keeps busy preschoolers moving and learning on all the apparatus and skill building mats in our modern gym. Fun, safety, and variety are always a part of our skill development program.

We begin the class with a stretching warm-up.

KinderKids Gym— 5-6 yrs. (in kindergarten)

Our kindergarten classes follow the same fun, safe developmentally progressive program as our preschoolers but, because they are stronger and more focused the skills are acquired at a faster rate. All the progressive skill building circuits are used throughout the gym. This class begins with a stretching warm up.

Recreational Gymnastics- 1st grade & older

Grouped by age, gender and ability, these classes are taught on all regulation gymnastics apparatus, floor exercise area, in-ground trampoline, and tumble track. Classes begin with a stretching warm up and concentrate on two pieces of equipment, alternating weekly. Safety is our priority. Students will move on to more difficult skills only when they have mastered the basic skills with ease and confidence.

Cheer Tumbling- 7 yrs. & older

This class focuses on tumbling skills and jumps needed for cheerleading. Spring floor and trampoline are used. Improve flexibility, coordination, agility, physical strength, and power. Class includes a warm-up with emphasis on the flexibility of splits and bridges.

10-week Summer Session dates: 5/24 - 7/30

	Monday	Tuesday	Wednesday	Thursday	Saturday
TODDLERS 20 mos. —3 YEARS			5:30-6:15pm TUMBLING TODDLERS		9:30-10:15pm TUMBLING TODDLERS
PRESCHOOL AND KINDERGARTEN 3 - 6 years	5:30-6:30pm 5-6yrs KINDERKIDS GYM 6:30-7:15pm 3-4, 4-5yrs JUMPIN' BEANS	4:30-5:15pm 3-4, 4-5yrs JUMPIN' BEANS	4:30-5:30pm 5-6yrs KINDERKIDS GYM	4:30-5:15pm 3-4, 4-5yrs JUMPIN' BEANS 4:30-5:30pm 5-6yrs KINDERKIDS GYM	
RECREATIONAL GYMNASTICS AND CHEER TUMBLING CLASSES—6—15 years	4:30-5:30pm 6-8, 9-12yrs REC GYM GIRLS 5:30-6:30pm 6-8, 9-12yrs REC GYM GIRLS 6:30-7:30pm 9-12, 13-15yrs REC GYM GIRLS	5:30-6:30pm 6-8, 9-12yrs REC GYM GIRLS 6:30-7:30pm CHEER TUMBLING	4:30-5:30pm CHEER TUMBLING 5:30-6:30pm CHEER TUMBLING	5:30-6:30pm 6-8, 9-12yrs REC GYM GIRLS 6:30-7:30pm 9-12, 13-15yrs REC GYM GIRLS	

Make-up Policy: Make ups can be scheduled for missed classes during the summer .

Refund Policy: Written notice of withdrawal must be submitted prior to the 3rd class of the session. No refunds after the 3rd class.

*****New classes and days will be added to the schedule as needed. On-going, prorated registration throughout the session.**

If you don't see a time and day that meets your needs, we will consider forming a class if you have 3 or more children of the same age and ability.



Perpetual Motion has Level 4 and 5 competitive teams. Tryouts are required. The teams practice 3-afternoons a week for 2-hours each day. If you are interested in more information, please contact Tom.

Summer Gymnastics Registration Form

Student Membership Information:

Date: _____

Student's First Name: _____ Last Name: _____

Birthday ___/___/___ Age: ___ (M)___(F)___ Grade _____ School _____

Home Address: _____ City: _____ State ___ Zip: _____

Home Phone: _____ Student's E-mail: _____

Parent or Guardian Information:

Father's Name: _____ Work Phone: _____

Father's Cell Phone: _____ E-mail: _____

Mother's Name: _____ Work Phone: _____

Mother's Cell Phone: _____ E-mail: _____

Emergency Contact Name: _____ Phone: _____

Physicians Name: _____ Phone: _____

Please list medical conditions, allergies, physical limitations, past injuries: _____

How did you hear about our center? _____

CLASS INFORMATION: Summer Session is 10 weeks -

SIBLINGS PAY THE "ADDITIONAL" CLASS PER WEEK FEE.

Please sign the back of this form.

REGISTRATION FEE (non-refundable) \$10.00 monthly auto-pay, \$20.00 monthly non-auto or session.

Refund Policy: A full refund will be issued prior to the first class of the session. A pro-rated refund will be issued prior to the third class of the session. No refunds will be issued after the third class of the month or session. The registration fee is non-refundable. We will not issue refunds or credits for missed classes.

Make-up policy: There are no "make-ups" during the summer. The summer schedule is **buy one get one free**. You cannot carry missed classes over to a new session or month if you have dropped.

CLASS	DAY	TIME	Start Date	AGE	FEE

Card# _____

Total Amount Classes _____

Exp. Date: _____ Total Amount Charged: _____

Registration Fee _____ \$20.00

Signature: _____

Total Amount Due _____

Please make checks payable to **Perpetual Motion**. Submitting this application with payment for classes acknowledges your acceptance of all payment, refund and insurance policies at Perpetual Motion Gymnastics.

Mail to: OR
1452 E Brown School Rd
Maryville, TN 37804

Fax to:
865-984-9974

Phone for more information:
865-984-1253



Student's Medical Information:

Name: _____

Does the above named student take any medication?
__NO __YES Name of medication, dosage and reason.

Are there any allergies or health conditions we should be aware of ?
__NO __YES Please describe: _____

Does the above named student wear eyeglasses, contacts, hearing aids or dental appliances? __NO __YES Should they be worn during class and please describe: _____

Does the above named student have any physical conditions we should be aware of? __NO __YES Please describe: _____

Please list all adults (other than parents) with permission to pick-up your child from class. We will not release a child to anyone not authorized by you to pick-up. We may ask for identification.

Name: _____

Phone #: _____

Name: _____

Phone # _____

Name: _____

Phone# _____

Permission to Treat (optional)

I hereby give my permission to trained medical professionals to administer emergency medical treatment to my child should an accident or sickness occur in my absence.

Signed: _____ Date: _____

Release of Liability Waiver

FOR ANY STUDENT AND PARENT PARTICIPATING IN A GYMNASTIC ACTIVITY:

By the very nature of the activity, gymnastics carries a risk of physical injury. No matter how careful the gymnast and the coach are, no matter how many spotters are used, no matter what height is used or what landing equipment, the risk cannot be eliminated. The risk of injuries include minor injuries, such as bruises, and more serious injuries, such as broken bones, dislocations and muscle pulls. The risk also includes catastrophic injuries such as permanent paralysis or even death from landings or falls on the back, neck or head.

Gymnastics, or any activity that involves motion, rotation, and height in a unique environment, carries with it a reasonable assumption of risk. Perpetual Motion Gymnastics is bound by law to inform all participants and their parents or guardians of the risk involved in the activity of gymnastics. Anyone participating in the Perpetual Motion gymnastics program (along with those legally responsible for the participant) must sign the notice on the application and must adhere to the safety rules governing the gymnasium. These rules are posted inside and outside the gymnasium, and a copy is sent with every confirmation letter.

In consideration for Perpetual Motion Gymnastics acceptance of the applicant, and in consideration of the applicant's opportunity to improve gymnastic skills through the use of the staff, equipment and facilities, those legally responsible for the named enrolling student realize the risk of injury involved and hereby agree to assume the responsibility of such for said student and further agree to save and hold harmless the said school, its employees, and all others concerned, and to indemnify them against loss, intending to be legally bound, our signature is offered below.

FOR ALL STUDENTS ENROLLED IN CLASSES

I hereby grant to Perpetual Motion Gymnastics and/or its legal representatives and assigns, the irrevocable, absolute, and unrestricted right to use and publish the likeness, portraits, photographs, film or videos of my child, or in which my child may be included, for advertising purposes. I hereby release Perpetual Motion Gymnastics and its legal representatives and assigns from all claims, royalties, and liability relating to the use of said likeness, portraits, photographs or films/videos.

I understand and accept all enrollment conditions

Parent or Guardian Signature

Date

Perpetual Motion
1452 E Brown School Rd.
Maryville, TN 37804
865-984-1253

Summer Swim Lessons 2010 - General Community

Group Swim Lessons: Offered Monday through Friday afternoons beginning at 12:00pm for children ages 2-12years. Enrollment is for (2) half hour lessons, (2) days a week given throughout the summer in 3-week sessions. Group lessons are limited to (4) children per group.

Each 3-week session is \$45.00. **If you are currently enrolled in a gymnastics class at Perpetual Motion the fee is \$36.00 for a 3-week session.** Rained out lessons will be made up. Advance registration and payment are required.

Private Swim Lessons: Offered Monday through Friday late afternoons and evenings for children and adults. Enrollment is for (2) half hour lessons, (2) days a week given throughout the summer weekly.

Each weekly lesson is \$20.00. Adults may enroll for hourly private lessons. Rained out lessons will be made up.

Child's Name: _____ Birthdate: _____

Address: _____ City: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email: _____

I wish to enroll my child for swim lessons:

Please circle days and time

Please choose an alternate if 1st choice is not available

Mon. Tues. Wed. Thurs. Fri.

Mon. Tues. Wed. Thurs. Fri.

12:00-12:30

12:00-12:30

12:30-1:00

12:30-1:00

1:30-2:00

1:30-2:00

2:30-3:00

2:30-3:00

3:30-4:00

3:30-4:00